

LISTEN A MINUTE.com

Quality of Life

http://www.listenAminute.com/q/quality_of_life.html



One minute a day is all you need to improve your listening skills.
Focus on new words, grammar and pronunciation in this short text.
Doing the online activities, discussion, survey and writing will help.
Listen many times – enough for you to you understand everything.

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 **THE LISTENING TAPESCRIPT**

From: http://www.listenAminute.com/q/quality_of_life.html

Quality of life is important to all of us. It's something we all try to improve. I'm just wondering how easy it is to improve your quality of life. The biggest things that affect how happy you are are your job, house, holidays and friends. Of course there are others. It's quite difficult to change these things. If you don't like your job, it can be difficult to find a better one. My job really affects my quality of life. If it's really stressful, my quality of life goes down. You also need somewhere nice to live. That can be difficult to change. It's important to find a home that feels like home. Holidays can add a lot to your happiness, but we don't have lots of those. And then there are friends. They really improve your quality of life.



LISTENING GAP FILL

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Quality of life is _____ . It's something we all try to improve. I'm just _____ it is to improve your quality of life. The biggest things that _____ are are your job, house, holidays and friends. Of course there are others. It's quite difficult _____ things. If you don't like your job, it _____ to find a better one. My job really affects my quality of life. If it's really stressful, my _____ goes down. You also need somewhere nice to live. That can be difficult to change. It's important to find a home _____ home. Holidays can add a lot to your happiness, but we don't have lots of those. And then there are friends. They _____ quality of life.



CORRECT THE SPELLING

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Quality important is life of us of all to. It's something we all try to improve. is it easy how wondering just I'm to improve your quality of life. The biggest things that affect job happy are your how you are, house, holidays and friends. Of course there are others. It's quite difficult to change these things. like don't you If job your, it can be difficult to find a better one. My job really affects my quality of life. If it's really stressful, my quality of life goes down. somewhere to You need nice live also. That can be difficult to change. It's important to find a home that feels like home. your can a to Holidays add lot happiness, lots those we have of but don't. And then there are friends. They of quality your improve really life.

 **DISCUSSION** (Write your own questions)

STUDENT A's QUESTIONS (Do not show these to student B)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

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 **DISCUSSION** (Write your own questions)

STUDENT B's QUESTIONS (Do not show these to student A)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

STUDENT QUALITY OF LIFE SURVEY

From: http://www.listenAminute.com/q/quality_of_life.html

Write five GOOD questions about quality of life in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

HOMEWORK

1. VOCABULARY EXTENSION: Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

2. INTERNET INFO: Search the Internet and find more information about quality of life. Talk about what you discover with your partner(s) in the next lesson.

3. MAGAZINE ARTICLE: Write a magazine article about quality of life. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

4. QUALITY OF LIFE POSTER Make a poster about quality of life. Show it to your classmates in the next lesson. Give each other feedback on your posters.

5. MY QUALITY OF LIFE LESSON: Make your own English lesson on quality of life. Make sure there is a good mix of things to do. Find some good online activities. Teach the class / another group when you have finished.

6. ONLINE SHARING: Use your blog, wiki, Facebook page, MySpace page, Twitter stream, Del-icio-us / StumbleUpon account, or any other social media tool to get opinions on quality of life. Share your findings with the class.

