

# LISTEN A MINUTE.com

## Happiness

<http://www.listenAminute.com/h/happiness.html>



One minute a day is all you need to improve your listening skills.  
Focus on new words, grammar and pronunciation in this short text.  
Doing the online activities, discussion, survey and writing will help.  
Listen many times – enough for you to you understand everything.

Follow me: <http://twitter.com/SeanBanville>

 **THE LISTENING TAPESCRIPT**

From: <http://www.listenAminute.com/h/happiness.html>

Happiness is sitting on a beach with a good book and no more work and studying for a year. Ahhhh... if only. What's your idea of happiness? It's such an important thing. I like Bhutan's idea (Bhutan is the small country next to Nepal). There, they prefer to measure happiness instead of money. The most important thing for Bhutan's government is how happy the people are. What a fantastic idea this is. Imagine if governments focused on making us all happy. They could spend money on beaches and free ice cream instead of fighting wars. I looked at everyone on the train this morning. No one looked happy. Maybe the news should be full of happy stories instead of the usual doom and gloom.



## LISTENING GAP FILL

From: <http://www.listenAminute.com/h/happiness.html>

Happiness is sitting on a beach \_\_\_\_\_ book  
and no more work and studying for a year. Ahhhh...  
\_\_\_\_\_. What's your idea of happiness?  
\_\_\_\_\_ important thing. I like Bhutan's idea  
(Bhutan is the small country next to Nepal). There,  
\_\_\_\_\_ measure happiness \_\_\_\_\_.  
The most important thing for Bhutan's government is  
how happy \_\_\_\_\_. What a fantastic idea this  
is. Imagine if governments focused on making  
\_\_\_\_\_. They could spend money on beaches  
and free ice cream \_\_\_\_\_ fighting wars. I  
looked at everyone on the train this morning. No one  
\_\_\_\_\_. Maybe the news should be full of  
happy stories instead of the \_\_\_\_\_ gloom.



## CORRECT THE SPELLING

From: <http://www.listenAminute.com/h/happiness.html>

Happiness is sitting on a cbahe with a good book and no more work and gnstiydu for a year. Ahhhh... if only. What's your idea of happiness? It's such an important thing. I like Bhutan's idea (Bhutan is the small unortyc next to Nepal). There, they prefer to smeerau happiness eanitsd of money. The most important thing for Bhutan's government is how happy the people are. What a tctifansa idea this is. Imagine if governments sducoef on making us all happy. They could spend money on beaches and free ice cream instead of fighting wars. I looked at everyone on the train this morning. No one kedool happy. Maybe the news should be full of happy stories instead of the luasu doom and gmolo.



## UNJUMBLE THE WORDS

From: <http://www.listenAminute.com/h/happiness.html>

on sitting is Happiness beach a with a good book and no more work and studying for a year. Ahhhh... if only. idea What's of your happiness? It's such an important thing. I like Bhutan's idea (Bhutan is the small country next to Nepal). There, they measure prefer happiness to instead of money. The most important thing for Bhutan's government the happy how is are people. What a fantastic idea this is. if on governments Imagine focused making us all happy. They could spend money on beaches and free cream of wars ice instead fighting. I looked at everyone morning this train the on. No one looked happy. Maybe the news should be full of happy stories and the gloom usual instead doom of.

 **DISCUSSION** (Write your own questions)

**STUDENT A's QUESTIONS** (Do not show these to student B)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

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 **DISCUSSION** (Write your own questions)

**STUDENT B's QUESTIONS** (Do not show these to student A)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

# STUDENT HAPPINESS SURVEY

From: <http://www.listenAminute.com/h/happiness.html>

Write five GOOD questions about happiness in the table. Do this in pairs. Each student must write the questions on his / her own paper.  
When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.



## **HOMEWORK**

**1. VOCABULARY EXTENSION:** Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

**2. INTERNET INFO:** Search the Internet and find more information about happiness. Talk about what you discover with your partner(s) in the next lesson.

**3. MAGAZINE ARTICLE:** Write a magazine article about happiness. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

**4. HAPPINESS POSTER** Make a poster about happiness. Show it to your classmates in the next lesson. Give each other feedback on your posters.

**5. MY HAPPINESS LESSON:** Make your own English lesson on happiness. Make sure there is a good mix of things to do. Find some good online activities. Teach the class / another group when you have finished.

**6. ONLINE SHARING:** Use your blog, wiki, Facebook page, MySpace page, Twitter stream, Del-icio-us / StumbleUpon account, or any other social media tool to get opinions on happiness. Share your findings with the class.

