

# LISTEN A MINUTE.com

## Anti-Aging Creams

[http://www.listenAminute.com/a/anti-aging\\_creams.html](http://www.listenAminute.com/a/anti-aging_creams.html)



One minute a day is all you need to improve your listening skills.  
Focus on new words, grammar and pronunciation in this short text.  
Doing the online activities, discussion, survey and writing will help.  
Listen many times – enough for you to you understand everything.

Follow me: <http://twitter.com/SeanBanville>

## THE LISTENING TAPESCRIPT

From: [http://www.listenAminute.com/a/anti-aging\\_creams.html](http://www.listenAminute.com/a/anti-aging_creams.html)

The other day I saw an advert on the Internet asking for volunteers to test a new skin cream. It was an anti-aging product. How is it possible for a cream or lotion to stop us looking old? I don't think any skincare goods can make us look younger. I certainly don't believe cosmetics companies that say their expensive creams can remove wrinkles. They just want to make lots of money. Why do people believe them? How do they know their creams work? They did not test their products on thousands of people over 50 years. I think if a person uses an anti-aging cream for 50 years, they would not even look a year younger when they are 60. This means it's a huge waste of money. Only healthy living can keep us looking younger.

## LISTENING GAP FILL

From: [http://www.listenAminute.com/a/anti-aging\\_creams.html](http://www.listenAminute.com/a/anti-aging_creams.html)

The other day (1) \_\_\_\_\_ the Internet asking for (2) \_\_\_\_\_ new skin cream. It was an anti-aging product. How is it possible for a cream or lotion to stop us looking old? I don't think any (3) \_\_\_\_\_ make us look younger. I certainly don't believe cosmetics companies that say their expensive creams (4) \_\_\_\_\_. They just want to (5) \_\_\_\_\_. Why do people believe them? How do they know their creams work? They did not (6) \_\_\_\_\_ thousands of people over 50 years. I think if a person uses an anti-aging cream for 50 years, they (7) \_\_\_\_\_ a year younger when they are 60. This means it's a huge waste of money. Only healthy living can keep us looking younger.

## CORRECT THE SPELLING

From: [http://www.listenAminute.com/a/anti-aging\\_creams.html](http://www.listenAminute.com/a/anti-aging_creams.html)

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 **DISCUSSION** (Write your own questions)

**STUDENT A's QUESTIONS** (Do not show these to student B)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

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 **DISCUSSION** (Write your own questions)

**STUDENT B's QUESTIONS** (Do not show these to student A)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

# STUDENT ANTI-AGING SURVEY

From: [http://www.listenAminute.com/a/anti-aging\\_creams.html](http://www.listenAminute.com/a/anti-aging_creams.html)

Write five GOOD questions about anti-aging in the table. Do this in pairs. Each student must write the questions on his / her own paper.  
When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.





## **HOMWORK**

**1. VOCABULARY EXTENSION:** Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

**2. INTERNET INFO:** Search the Internet and find more information about anti-aging. Talk about what you discover with your partner(s) in the next lesson.

**3. MAGAZINE ARTICLE:** Write a magazine article about anti-aging. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

**4. ANTI-AGING POSTER** Make a poster about anti-aging. Show it to your classmates in the next lesson. Give each other feedback on your posters.

**5. MY ANTI-AGING LESSON:** Make your own English lesson on anti-aging. Make sure there is a good mix of things to do. Find some good online activities. Teach the class / another group when you have finished.

**6. ONLINE SHARING:** Use your blog, wiki, Facebook page, MySpace page, Twitter stream, Del-icio-us / StumbleUpon account, or any other social media tool to get opinions on anti-aging. Share your findings with the class.

