

# LISTEN A MINUTE.com

## Being Afraid

[http://www.listenAminute.com/b/being\\_afraid.html](http://www.listenAminute.com/b/being_afraid.html)



One minute a day is all you need to improve your listening skills.  
Focus on new words, grammar and pronunciation in this short text.  
Doing the online activities, discussion, survey and writing will help.  
Listen many times – enough for you to you understand everything.

Follow me: <http://twitter.com/SeanBanville>

## THE LISTENING TAPESCRIPT

From: [http://www.listenAminute.com/b/being\\_afraid.html](http://www.listenAminute.com/b/being_afraid.html)

An American president once said the only thing you have to fear is fear itself. Can't remember which President, but never mind. I think that's an interesting quote. It's so true, most of the time. We all spend a lot of time worried or afraid that something bad will happen, and then nothing happens. It is the fear that frightens us, not the thing that might or might not happen. And then there are phobias. Millions of people are afraid of something that the rest of the world thinks is quite normal. How can you be afraid of things like peanut butter? There's actually a fear of peanut butter sticking to the roof of your mouth. Amazing. Fear is sometimes good. It makes us alert and can keep us safe in a dangerous situation.



## LISTENING GAP FILL

From: [http://www.listenAminute.com/b/being\\_afraid.html](http://www.listenAminute.com/b/being_afraid.html)

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## CORRECT THE SPELLING

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 **DISCUSSION** (Write your own questions)

**STUDENT A's QUESTIONS** (Do not show these to student B)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

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 **DISCUSSION** (Write your own questions)

**STUDENT B's QUESTIONS** (Do not show these to student A)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

# STUDENT BEING AFRAID SURVEY

From: [http://www.listenAminute.com/b/being\\_afraid.html](http://www.listenAminute.com/b/being_afraid.html)

Write five GOOD questions about being afraid in the table. Do this in pairs. Each student must write the questions on his / her own paper.  
When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.



## **HOMEWORK**

**1. VOCABULARY EXTENSION:** Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

**2. INTERNET INFO:** Search the Internet and find more information about being afraid. Talk about what you discover with your partner(s) in the next lesson.

**3. MAGAZINE ARTICLE:** Write a magazine article about being afraid. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

**4. BEING AFRAID POSTER** Make a poster about being afraid. Show it to your classmates in the next lesson. Give each other feedback on your posters.

**5. MY BEING AFRAID LESSON:** Make your own English lesson on being afraid. Make sure there is a good mix of things to do. Find some good online activities. Teach the class / another group when you have finished.

**6. ONLINE SHARING:** Use your blog, wiki, Facebook page, MySpace page, Twitter stream, Del-icio-us / StumbleUpon account, or any other social media tool to get opinions on being afraid. Share your findings with the class.

