

# LISTEN A MINUTE.com

## Milk

<http://www.listenAminute.com/m/milk.html>



One minute a day is all you need to improve your listening skills.  
Focus on new words, grammar and pronunciation in this short text.  
Doing the online activities, discussion, survey and writing will help.  
Listen many times – enough for you to you understand everything.

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# THE LISTENING TAPESCRIPT

From: <http://www.listenAminute.com/m/milk.html>

Milk is one of the best things we can eat or drink for our body. It's so full of goodness and it tastes pretty good too. Milk is rich in calcium, which makes our bones and teeth strong. This makes milk essential for babies and growing children. It makes them grow up stronger. Milk is also full of many important vitamins and minerals. When I was little, I didn't really like milk. I think I had a bad experience with sour milk, which turned me off of it. I remember drinking it again when I was a teenager and liking it. Now I think it's one of the most refreshing drinks you can drink. Just looking at its whiteness makes me feel healthy. I like all kinds of milk, including goat's milk and even camel's milk. It's all good for us.



## LISTENING GAP FILL

From: <http://www.listenAminute.com/m/milk.html>

Milk is one of the best things we can eat or drink for our body. \_\_\_\_\_ goodness and it tastes pretty good too. Milk is rich in calcium, which makes our bones and teeth strong. This \_\_\_\_\_ for babies and growing children. It makes them grow up stronger. Milk \_\_\_\_\_ important vitamins and minerals. When I was little, I didn't really like milk. I think I had a bad experience \_\_\_\_\_, which \_\_\_\_\_. I remember drinking it again \_\_\_\_\_ and liking it. Now I think it's one of the most refreshing \_\_\_\_\_. Just looking at its whiteness makes me feel healthy. I like all kinds of milk, including goat's milk and even camel's milk. \_\_\_\_\_.



## CORRECT THE SPELLING

From: <http://www.listenAminute.com/m/milk.html>

Milk is one of the best gnisht we can eat or drink for our body. It's so full of goodness and it tastes pertyt good too. Milk is rich in calcium, which makes our bones and teeth rognts. This makes milk essential for babies and growing children. It makes them grow up trenogsr. Milk is also full of many important nsmiatvi and minerals. When I was little, I didn't really like milk. I think I had a bad experience with sour milk, which dutren me off of it. I rrmeebem drinking it again when I was a teenager and liking it. Now I think it's one of the most refreshing drnisk you can drink. Just looking at its whiteness makes me feel aheytlh. I like all kinds of milk, lidgiucnn goat's milk and even camel's milk. It's all good for us.



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 **DISCUSSION** (Write your own questions)

**STUDENT A's QUESTIONS** (Do not show these to student B)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

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 **DISCUSSION** (Write your own questions)

**STUDENT B's QUESTIONS** (Do not show these to student A)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

# STUDENT MILK SURVEY

From: <http://www.listenAminute.com/m/milk.html>

Write five GOOD questions about milk in the table. Do this in pairs. Each student must write the questions on his / her own paper.

When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.







## **HOMEWORK**

**1. VOCABULARY EXTENSION:** Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

**2. INTERNET INFO:** Search the Internet and find more information about milk. Talk about what you discover with your partner(s) in the next lesson.

**3. MAGAZINE ARTICLE:** Write a magazine article about milk. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

**4. MILK POSTER** Make a poster about milk. Show it to your classmates in the next lesson. Give each other feedback on your posters.

**5. MY MILK LESSON:** Make your own English lesson on milk. Make sure there is a good mix of things to do. Find some good online activities. Teach the class / another group when you have finished.

**6. ONLINE SHARING:** Use your blog, wiki, Facebook page, MySpace page, Twitter stream, Del-icio-us / StumbleUpon account, or any other social media tool to get opinions on milk. Share your findings with the class.

